



GILLY CUTTS

is a powerful and inspirational counsellor with over 20 years experience helping people change their lives in ways they never dreamt possible

Coaching and Counselling



Testimonials



“Gilly is a person of integrity of purpose and of life lived. At the very centre of her work is a love that will support you in becoming who you truly are. Her expertise will ignite your finest thinking, integrate your clearest feelings and bring about the irresistible results of choice.

She knows that the truest path emerges from the one on the journey. In complete safety, she will accompany you to the learning edges, to the unpopular questions, to the music about to be written. You will also have fun because she knows life is joyous and ironic; and a dance...

Gilly, with all her knowledge, experience and expertise knows that the real expert is you”.

Nancy Kline,
President & Founder
Time to Think

Gilly is a rare counsellor in offering intelligence and experience, coupled with real compassion and a great sense of fun. Her clarity of thinking and rock solid support has enabled me to identify and address unconscious patterns that had dogged me for decades. Working with her is hugely rewarding. I've found a new way of being. I'm more at peace with myself and with the world, happier than I've ever been. Now, thanks to Gilly, I feel excited about the future and confident to be truly me; she is the best!

Rache Ormrod
Market Research Consultant

...and remember, all may have been lost in the wind years ago if it hadn't of been for you.

Private Client

Thank you for all of your amazing feedback and positive energy. You always get right to the core of any idea and it's like uncovering golden treasures every time I speak with you.

Andrew Chuks, Kellogg International

I love your dynamic style - you deliver such a great combination of wise advice, humour and heartfelt praise.

Gray Standen

I love having you as the mentor in my life. You are a real inspiration and a great comfort, I feel so blessed that you entered my life when you did. You make me feel so supported and valued, just what I need at the moment. Thank you for sharing your wisdom with me and for believing in me.

Writer and Presenter

Gilly's ability to inspire and develop those she works with is extraordinary. Her warmth, enthusiasm and encouragement are all I ever need to succeed.

Alexander Lowry, Principal Consultant,
PA Consulting Group

Quite honestly, you are amongst the most authentic wonderful human beings that I have the complete honour to know - optimistic, kind, gentle, caring, honest, loving. You brighten everyone's lives you touch.

Tracy Butterworth Director, Handstand

I don't know how you did it but I really did switch the crummy programme off the screen and tune in to the High Definition me!! Perhaps I shall change my dogmatic negative view about therapy.

Maggie Etheridge Museum Tour Guide

Gilly, you have this amazing ability to identify the underlying emotional issue and then help me work through it. You don't shy away from asking the difficult question, in fact you shaft through the camouflage chat. In someone else this could be too challenging, but you build such an atmosphere of safety and ask the question from a place of love that it has enabled me to look at those deep issues. I lived (probably still do) in my head and you have taught me to connect to my heart in ways I did not believe possible.

Helen Roome Principal, Roome for Growth

Gilly is one of the most special people I have ever met – so special, that at the age of 57 I asked her to be my Godmother. I would trust her with any information – and she is my first choice for advice on any really tricky area of my life. She is super qualified to counsel anyone – even the most gruelling cases. Gilly was the only person I ever phoned up to ask to take on my clients with the most serious, heart wrenching dilemmas.

Having been a counsellor and hypnotherapist myself – I know a brilliant counsellor when I meet one – and Gilly is as good as they get. She is up there in the same league as all the media counsellors and could replace Deidre Sanders any day

Jenny Cutler
Writer and Self Development Promoter

